

- **What is your favourite food?**

I like / love / can't get enough of...pasta / Czech food / spicy food / chips (=French fries AmE) / Chinese food / Japanese food.

- **What do you think is the most important meal of the day?**

I think / believe / In my opinion...breakfast / lunch / dinner is the most important meal of the day.

- **What time do you usually have your meals? How are these times the same or different to other people in your country?**

I usually / often have breakfast / lunch / dinner at... o'clock. This is typical / normal...for people in my country. This is different because most people eat earlier / later.

- **How often do you go to restaurants?**

I never / rarely / sometimes / often go to a restaurant. I go... once a week / month / only on special occasions with my family / alone. I / We usually go to...a Czech / Italian / Chinese / fast food restaurant / a food court. I prefer to stay at home.

- **What's your favourite drink (alcoholic/non-alcoholic)?**

I like / love / can't get enough of beer / wine / Coke / soft drinks / fruit juice / mineral water / coffee / tea / herbal tea / milk / milk shakes or sports drinks.

- **How would you describe typical Czech / British / American etc. cuisine (way of cooking)?**

Czech food is often...heavy / greasy / fatty / delicious / filling / meaty / salty... is served with dumplings / potatoes. Typical Czech food is goulash with dumplings. American food usually comes in big servings. Typical American food is...steak and salad / hamburger and French fries. British food is traditionally...bland / boring / hearty. Typical British food is...fish and chips / roast beef and vegetables.

- **What kind of food is healthy / unhealthy and why?**

Unhealthy food is ...fatty / high in fat / salty / high in salt / high in added sugar / low in fibre / low in vitamins... has preservatives and artificial colours and flavours is...prepared / frozen / comes from a can. Healthy food is...fresh / free of chemicals and additives / low in fat / sugar and salt / high in fibre / vitamins and minerals.

- **Can you describe a healthy diet?**

A balanced diet should...be low in fat / sugar / salt and high in fibre / vitamins and minerals / include all five food groups / be enough for your daily needs / not be too much.

- **Do you watch TV programmes about cooking or read cookbooks?**

I never / rarely / sometimes / often...watch programmes about cooking / read cookbooks. I like to learn about new recipes / new cuisines. I love to see food. I have no interest in food.

- **Can you cook? What is your speciality?**

I can cook (a little). I can make...spaghetti bolognese / beef goulash / toasted sandwiches / salad / a hot dog.

- **Can you explain your speciality?**

Chop vegetables / onions / cut meat / chicken into pieces. Fry onions / meat in oil. Add spices / sauce. Place slices of cheese / ham on bread. Boil potatoes / pasta / dumplings. Put vegetables in a bowl. Steam sausages.

- **What cuisine other than Czech, American or British have you tried? Can you describe the taste?**

I've had / tried / tasted...Chinese / Japanese / Italian / Mexican / French. It is...delicious / spicy / greasy / heavy / light / tasty / salty / strange / disgusting.

- **Is there anything that you would never eat / can't eat and why?**

I would never eat... veal / seafood / fish / dog / horse... because I think it's cruel / wrong / I don't like the idea. I can't eat... dairy products / nuts / chocolate / strawberries / seafood... because I'm allergic to them / I have an allergy / I'm on a diet / My doctor said I can't.

- **Do you have any special table manners in your country? How different are they from table manners in other countries?**

You mustn't / It's forbidden... to slurp your food / smack your lips / speak with your mouth full. You should... leave your napkin on the table / not have your elbows on the table. In America and Britain they put their napkins on their lap.

- **Do you not eat meat? Are you a vegetarian (and avoid both white and red meat)? Or are you vegan (meaning no animal products including dairy products and eggs)? Why? Why not?**

I guess / suppose... I am a vegetarian... because I don't eat white or red meat but I still eat eggs and dairy products. I am a vegan... because I don't eat any animal products... because / I think eating animals is cruel / wrong / unkind / unnecessary. I don't like the taste. I am not vegetarian / I eat meat because... I like it / I think it's healthy / necessary / natural.

- **When would you recommend that someone should go on a diet?**

I would never recommend someone to go on a diet. I would recommend someone to go on a diet if they were very fat / had health problems. I think everyone should go on a diet.



img 01



img 02



img 03



img 05



img 06



img 04



img 07



img 08



img 09



img 10